

What to do in an EMERGENCY out of hours



FOR URGENT PROBLEMS

Contact the practice so that we can try to make arrangements for you tomorrow...



email
hello@lowendentalspa.co.uk



or leave a message at
01794328042

Urgent Dental Problems

- Facial Swelling
- Bleeding following an extraction that doesn't stop after 20 mins
- Bleeding from trauma
- Broken tooth
- Tooth fallen out
- Significant toothache

Non-Urgent Issues

- Loose or lost crowns, bridges, veneers
- Broken or rubbing dentures
- Broken or lost fillings
- Chipped teeth with no pain
- Lost Invisalign bumps

IF YOU HAVE SWELLING THAT IS AFFECTING
VISION OR BREATHING, OR MOUTH
OPENING MORE THAN 2 FINGERS WIDTH
YOU MUST GO TO A&E

TRY THESE BEFORE YOU REACH THE CLINIC

Knocked out Tooth



Pick up the tooth by the crown and not the root, clean it with water and reinsert if possible, if not put it in a cup of milk or hold it in-between you cheek and gum,

Toothache (incl. Wisdoms)



Rinse with warm salty water, Use floss to clean away any food or debris, Take over the counter pain relievers such as paracetamol and ibuprofen if you are able, apply a cold compress

Chipped / Cracked Tooth



Rinse with warm salt water, Take over the counter pain relievers if you are able, avoid chewing on that tooth, and avoid cold or hot foods, try and maintain a softer diet

Bleeding Gums or extraction site



Try to brush the teeth as normal and maintain good oral hygiene, Apply pressure with damp gauze, or a tea towel if you don't have any. Apply a cold compress to help reduce swelling